

From: Campbell, Michael  
Sent: 5/7/2014 9:56:09 AM  
To: Dietz, Sidney (/O=PG&E/OU=Corporate/cn=Recipients/cn=SBD4)  
Cc:  
Bcc:  
Subject: oh man

I'm so dang hungry! I've stopped tracking my food intake, and I just bumped up to 145, but I think it is about to drop to a new set point again (given my recorded history of a quick bump up before falling to a new low).

I really depleted the tank on Saturday. I wake up every morning starving. I have three waffles with hella butter after my ride, and then I'm starving again by 10am. I'm devouring all the snacks I keep in my office at an alarming rate! Just polished off my rice crackers and I'm already into the buffalo jerkey.

MC