

From: Dietz, Sidney
Sent: 5/29/2014 3:42:31 PM
To: Campbell, Michael (Michael.Campbell@cpuc.ca.gov)
Cc:
Bcc:
Subject: RE: saturday's ride

b/c there is a huge interest in the medals and awards from RUSA. There are many ways to win – do a dart of each length, do a rando of each length, total mileage milestones, etc. Also, note that the awards have been around so long, you get to be a part of a pedigree. But you're right, that's part of what's so funny and antique about it.

From: Campbell, Michael [mailto:Michael.Campbell@cpuc.ca.gov]
Sent: Thursday, May 29, 2014 3:33 PM
To: Dietz, Sidney
Subject: RE: saturday's ride

I think it is a clever way to get folks out on bikes and explore.

Too many rules might choke it, though. If no winners, why so many rules?

From: Dietz, Sidney [mailto:SBD4@pge.com]
Sent: Thursday, May 29, 2014 3:20 PM
To: Campbell, Michael
Subject: RE: saturday's ride

Well, I think that the race director does all of it, but yes, there's a regional association that belongs to RUSA, which belongs to the worldwide organization (in other words, the French org). Note that under RUSA, a dart, arrow, and fleche are all different things.

<http://www.rusa.org/teamrando.html>

The rules for the route are really arcane, and seem to annoy everyone. Okay, is it really too nerdy? Yes. But I have to say, it's really a nice group of people, and the ride fees tend to be 7 dollars or less, and they usually provide a bbq meal for that at the end. Folksy in a good way, too many holmer hilsons, more girls than most rides, and definitely more outsiders.

From: Campbell, Michael [<mailto:Michael.Campbell@cpuc.ca.gov>]
Sent: Thursday, May 29, 2014 3:10 PM
To: Dietz, Sidney
Subject: RE: saturday's ride

Who approves? Is there a regional velo dart association that governs these things?

MC

From: Dietz, Sidney [<mailto:SBD4@pge.com>]
Sent: Thursday, May 29, 2014 3:07 PM
To: Campbell, Michael
Subject: RE: saturday's ride

Hahaha! No winners, of course. It's called a fleche in French or dart in English, which refers to radii of the different levels of ride – 130k, 200k, 300k, etc. Greg recently did a dart where some teams came from SF and some came from Portland and Eugene (!).

From: Campbell, Michael [<mailto:Michael.Campbell@cpuc.ca.gov>]
Sent: Thursday, May 29, 2014 3:04 PM
To: Dietz, Sidney
Subject: RE: saturday's ride

The receipt thing is hilarious. What's it called and is there a podium? If you're on it, I want to

see a podium shot, with arms triumphantly raised.

From: Dietz, Sidney [<mailto:SBD4@pge.com>]
Sent: Thursday, May 29, 2014 3:02 PM
To: Campbell, Michael
Subject: RE: saturday's ride

Right. We have 6 hours to do the 75mi, and we have to use up the whole time. We have to get receipts at stores etc to document the route. There's a 200k version that arrives at the same time and place. All the teams develop their own routes and submit them for approval in advance. They are an old form of team riding – more than 100yrs.

From: Campbell, Michael [<mailto:Michael.Campbell@cpuc.ca.gov>]
Sent: Thursday, May 29, 2014 3:00 PM
To: Dietz, Sidney
Subject: RE: saturday's ride

This is the thing where the goal is to arrive at the destination at a given time, right?

From: Dietz, Sidney [<mailto:SBD4@pge.com>]
Sent: Thursday, May 29, 2014 2:57 PM
To: Campbell, Michael
Subject: RE: saturday's ride

Wow, thanks for the route analysis!! Yeah, it's pretty cool – Greg did a great job including our input. I wanted a hillier route, but he won me over with the levies and the team name – Flight 120 – referring to our pal the plane mechanic, the 120km, and the double airport route (we nixed the Hayward airport).

Getting incrementally closer to ordering the parts for a new bike, which just makes me marvel at the \$399 bikesdirect.

And by the way, thanks for the bib recommendation, I wouldn'ta done it otherwise.

From: Campbell, Michael [<mailto:Michael.Campbell@cpuc.ca.gov>]
Sent: Thursday, May 29, 2014 2:02 PM
To: Dietz, Sidney
Subject: RE: saturday's ride

Absolutely love that route. I have done a version of that every year for past few years. Usually start in Civic Center, though, and ride out to ocean beach. But you're route skips Daly City, which is a good thing. But you're route goes up Trousdale. That hill is a f'n bitch. When I used to do my commute to SF from SJ, when I felt crummy I'd stop in Millbrae and take Trousdale down ... I didn't even like going down that hill. It's like Moser.

You're route through Coyote hills is awesome, too. It took me forever to figure out that it was possible to do that.

Finishing on the Levee's is super fun. San Francisco looks so far away from the Dumbo, then a short while later, you're there! The headwind up the levees can be tough tho – you going to have a group you can work with? Pacelining on the levees makes me feel like a bad-ass flandrian.

100% approval! I think you're going to make it, and will be grinning the whole time.

MC

From: Dietz, Sidney [<mailto:SBD4@pge.com>]
Sent: Thursday, May 29, 2014 1:45 PM
To: Campbell, Michael
Subject: RE: saturday's ride

So cool and so brutal.

Here's mine.

<http://ridewithgps.com/routes/4843895>

From: Campbell, Michael [<mailto:Michael.Campbell@cpuc.ca.gov>]
Sent: Thursday, May 29, 2014 1:23 PM
To: Dietz, Sidney
Subject: saturday's ride

<http://connect.garmin.com/activity/507930064>

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