From: Zafar, Marzia

Sent: 8/31/2014 1:39:40 PM

To: Redacted

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Bcc:

Subject: Marzia and Autumn in Istanbul Take 3

Hello Everyone,

It is about 11ish at night and we just got back to our Hotel in the Cihangir area of Istanbul. This is our 4th night here and today was another reminder of why we love Istanbul.

Attached our some images of how we see Istanbul. We have eaten a lot of Kaymak (clotted cream that you eat for breakfast and is probably the most delicious thing ever), walked miles and miles along the Bosphorus River, said hello to many many cats, walked with some dogs who were either protecting us from cars or trying to commit suicide right in front of our faces (these dogs would sit right smack in the middle of the street and come within inches of fast moving cars).

We started with a food tour. Our guide was super expressive and one might say overly expressive as if we can only imagine she believed to be speaking to non-English speaking kindergarteners. We were accompanied with two other couples. The couple from Australia used the 6 hour tour to tell us how inferior America was compared to Australia. The other couple was from D.C. and were friends with our friend Andy Campbell. Our tour guide was full with Turkey pride.

Did you guys know that because of Turkey America was found (something about the spice route), and because of Turkey we have Nutella (or rather the current Nutella bottle in your cabinet is made with TURKISH HAZELNUTS)? And she was quite irritated that Turkey is not given credit for yogurt and baklava. She did not claim that either was created in Turkey, but she did not understand why credit cannot be shared with Greece. She remained very disturbed that the world says Greek Yogurt and upset that it is just assumed that baklava must be Greek.

The Australians finally got on my nerves, when the sheep farmer who owns over 65 square miles of land, said that they don't sell their sheep to the Americans. So, I said that if America wanted your sheep we would have it... I also started to name American companies that are all over the world – needless to say, he was not amused. This is when Autumn got mad at me and said to rise above... I want to say that Andy's friend appreciated my comments!!

We will soon leave our beloved Bosphorus river. It is not just a river rather it is a magical place that no matter where your head is it will take over as you walk along side it and will massage your head and then it will take you to this place where you leave all stress, all worry, and all negative things and just makes you whole while you are with it. It is like you are taken out of your body and moved to a kaymak cloud with some hot tea and warm bread and you don't gain any weight, but you become younger and more physically fit and mentally strong. Really, it does. I'm smarter already although my stomach is bloated.

Next we will go to Mykonos and eat some Turkish/Greek yogurt along with Turkish/Greek baklava and only Turkish tea.

Redacte & Marzia